FIND MONEY FOR SCHOOL, WHILE IN SCHOOL

HOMECOMING 2007
GREEK LOVE, FOOTBALL GAMES & GOOD TIMES!

CHECK OUT tips on eating right throughout the semester and Homecoming Love!
FEATURES

08 FRESHMAN 15
Don’t eat your semester away

10 FINDING MONEY FOR SCHOOL
It is never too late!

19 HOMECOMING TIME Are you ready?

DEPARTMENTS

12 THE CALENDAR
Check out the HBCU Homecoming Football schedule

14 CAMPUS COVERAGE
Ride along with other HBCU members as they “say Cheese”

20 MOST WANTED
Straight from the pages of HBCUConnect.com, Meet HBCU students Abel and Geraldine

22 HBCU BLOGS
Hear from the mind of some of our most active bloggers on HBCUCONNECT.com

24 GET CONNECTED
Check out my Video
Meet Dr. I-Still-Get-Chills-When-They-Call-Me-Doc Johnson

Kahlil Johnson, M.D.

If you really want to make a difference in people’s lives, consider a career in medicine. The rewards of being a physician far outweigh the challenges of becoming one. Log on to AspiringDocs.org™ to learn more.
It’s about the difference you can make.

MidAtlantic Farm Credit is one of the largest agricultural and rural lenders on the east coast. We invest in our employees with competitive compensation, a top-rated benefits program, training and development opportunities, and advancement through internal job postings.

Visit our website at mafc.com.

Attention: Human Resources
P.O. Box 770 | Westminster, MD | 21158
Fax: 410-848-2110 | employment@mafc.com

Equal Opportunity Employer
Hey HBCU Family! What is up! Since school is back in session and with Homecoming being right around the corner, I’m going to assume there’s a lot on your plate. (or I will assume there is a lot going on.) I know I can’t wait to visit my Alma Mater, Hampton, to see the best Half Time show around!

As usual we have the Hot Sauce you’ll need to make your school year a spicy success! In this issue we keep things flaming with Homecoming action, hot photos, and financial aid tips.

We at HBCUConnect.com are staying true to our HBCU roots and will do our best to help you do the same throughout the school year. We are geared up for a year filled with nothing but HBCU pride! You can expect to see the latest career & internship opportunities and activities going on at the different campuses. Get your bookmarks, pens, pads, and computer at your fingertips to start taking advantage of this source!

For those of you, who are new and have not been “Connected” yet, please hit me up with any questions or suggestions you might have about the website or the “On Campus” magazine. Let’s get connected!

Figure out what you want and act accordingly…

Will Moss

Will Moss – willmoss@hbcuconnect.com
HBCU Comment:

My name is Elizabeth Carver. I am a senior in High School. I can’t wait to attend an HBCU next year! I want to go to Fisk University. I really love your website because I have met people who go to Fisk on your site and I have learned so much about the school from them. Thanks for all the information you post about the schools.

HBCU Question:

Hello! I am a little confused about the ‘HBCU Connection’. What exactly does that mean?

The term “HBCU Connection” means to stay connected to the entire HBCU Lifestyle and community which is made up of Students, Alumni, Recruits, Parents, and Faculty.
FRESHMAN 15

By Jehan Bunch

You are now legally an Adult! You have left your high school days behind and you made it to college. No longer is someone telling you what to do, when to be home or what to eat. Sounds like the life, huh? The only problem with this newfound freedom is that if you are not careful you will indulge yourself a little too much. Many freshman become victims of the Freshman 15. The freshman 15 is a term used to describe weight gains that some college freshman experience. Usually, this gain occurs during the first semester of the year, but the gain can also occur gradually throughout time spent in college.

Do you get stressed out easily, and turn to food for a relief? Or do you have a sweet tooth, and can’t avoid eating four desserts at a meal?

Here are some tips you can use to avoid Freshman 15.

1. Work out. Prepare your workouts the night before for a morning jog or walk before class.

2. Make your roommate become your workout partner or find a good friend who will provide moral support.

3. Take advantage of your school’s fitness center. They are usually free to students.

4. Avoid the ‘all-you-can-eat’ section of the cafeteria.

5. Keep your dorm stocked with fruits and healthy snacks.

Your freshman year will be the most exciting year of your life. As long as you can balance your new freedom with moderation you will avoid the potential pitfalls in the end. Plan ahead, dive right in, and enjoy!

Sources: About.com: Exercise
At Verizon Wireless, the reliability of our network is a direct result of the reliability and performance of our talented team. We’re committed to creating a workforce as diverse as our customer base, and we sustain the ambition, goals and determination of our employees with a variety of programs and rewards. After all, our people are both our biggest investment – and our greatest asset.
Finding Money For College While In School

By Jehan Bunch

Ready or not, school is back in session and although you might think it is too late to find additional funds for school you are wrong, it is never too late.

So, where is all the money? To a large extent, the answer to that question depends upon you (student), your family resources, and how hard you are willing to work to find it.

What you should do!

Focus on what matters. Your GPA, class standing, standardized test score and extracurricular activities are still the measures for most scholarships, so keep your GPA up and be as active as you can on campus.

Work your way up. You can find additional funds by securing a part time job while in school. This can help out with college expenses and personal bills.

Be realistic about where you are and where you want to be. You might find that a four year university is not the best choice for you (financially) at this time. Or maybe you picked a school that is far away from home and to reduce expenses you need a school closer to home. If this is the case then look into enrolling at a local college or junior college for a year or two to save money.

What your family can do to help!

Family Love. Most of us are not born rich, but are born rich in love. You might have an aunt, uncle or grandparent who is willing to help out with some college expense. Don’t be afraid to ask for assistance.

Family Savings. Many parents start early in regards to saving money for college, but it is not too late to start now, even if you
are in school. Your family can open up a college savings plan at their home bank and start saving now.

**Family Financial Aid.** You and your family can find additional resources simply by doing research. There are thousands of scholarships, grants, student loans, and other programs out there, and it will take some time to find the one that is right for you and your family. Check out http://hbcuconnect.com/cgi-bin/scholarships.cgi for a list of scholarships and opportunities.

**Other resources you can use.**

**Financial Aid Office.** Visit and get to know the financial aid staff at your school. They can be a HUGE resource and help you identify other sources for assistance and money.

**Internet Resources.** You will have a lot of websites to choose from but the following have been found to be very helpful in finding scholarships.

- Fast Web
- College Scholarships
- Free Money for Minorities
- Free College Scholarships

So, it might not be easy to pay all the costs related to college, but there is hope. If you can identify and focus on the resources that are best suited for you then you can make your college years and experience very enjoyable and affordable.
2007 HBCU Homecoming Dates

09/29/2007  Alabama A&M vs Texas Southern  Huntsville, Ala
11/22/2007  Alabama State vs Tuskegee  Montgomery, AL
10/27/2007  Albany State vs Morehouse  Albany, GA
10/06/2007  Alcorn State vs Prairie View A&M  Alcorn State, MS
11/03/2007  Arkansas-Pine Bluff vs Prairie View  Pine Bluff, AR
10/20/2007  Benedict vs Fort Valley State  Columbia, SC
09/29/2007  Bethune Cookman vs Morgan State  Daytona Beach, FL
10/27/2007  Bowie State vs Shaw  Bowie, MD
10/13/2007  Central State vs Joliet  Wilberforce, OH
09/29/2007  Cheyney vs Lockhaven  Cheyney, PA
11/17/2007  Claflin vs Paine College  Orangeburg, SC
10/06/2007  Clark Atlanta vs George Mason  Atlanta, GA
10/20/2007  Delaware State vs Morgan State  Dover, DE
10/20/2007  Edward Waters vs UNC-Pembroke  Jacksonville, FL
10/20/2007  Elizabeth City State vs Livingstone  Elizabeth City, NC
10/20/2007  Fayetteville State vs Shaw  Fayetteville, NC
11/17/2007  Fisk vs Lane College  Nashville, TN
11/03/2007  Florida A&M vs North Carolina A&T  Tallahassee, FL
10/13/2007  Fort Valley State vs Edward Waters  Fort Valley, GA
10/27/2007  Grambling State vs Texas Southern  Grambling, LA
10/20/2007  Hampton vs South Carolina State  Hampton, VA
10/20/2007  Howard vs North Carolina A&T State  Washington, DC
10/27/2007  Jackson State vs Arkansas-Pine Bluff  Jackson, MS
10/27/2007  JCSU vs Fayetteville State  Charlotte, NC
10/20/2007  Kentucky State vs Miles  Frankfort, KY
10/20/2007  Lane vs Stillman  Jackson, TN
10/06/2007  Langston vs Texas  Langston, OK
09/29/2007  Livingstone vs Fayetteville State  Salisbury, NC
10/13/2007  Miles vs Lane  Fairfield, AL
10/20/2007  Mississippi Valley vs Texas Southern  Itta Bena, MS
10/20/2007  Morehouse vs Clark Atlanta  Atlanta, GA
10/13/2007  Morgan State vs Howard  Baltimore, MD
10/27/2007  Norfolk State vs Howard  Norfolk, VA
10/27/2007  NCA&T vs Bethune & Cookman  Greensboro, NC
10/13/2007  NCCU vs North Greenville  Durham, NC
10/27/2007  Prairie View A&M vs Mississippi Valley  Prairie View, TX
10/20/2007  Saint Augustines vs Saint Pauls  Raleigh, NC
10/06/2007  Saint Pauls vs Shaw  Lawrenceville, VA
10/27/2007  Savannah State vs Edward Waters  Savannah, GA
10/13/2007  Shaw vs Livingstone  Durham, NC
10/27/2007  South Carolina State vs Delaware  Orangeburg, SC
10/06/2007  Southern and A&M vs Alabama A&M  Baton Rouge, LA
11/10/2007  Stillman vs Benedict  Tuscaloosa, AL
11/03/2007  Tennessee State vs Murray State  Nashville, TN
10/27/2007  Texas vs Concordia  Tyler, TX
10/13/2007  Texas Southern vs Alcorn State  Houston, TX
11/03/2007  Tuskegee vs Clark Atlanta  Tuskegee, AL
10/27/2007  Virginia State vs Virginia Union  Ettrick, VA
09/29/2007  Virginia Union vs Saint Augustines  Richmond, VA
10/13/2007  West Virginia State vs Seton Hall  Institute, WV
11/03/2007  Winston-Salem vs Delaware State  Winston-Salem, NC
HBCU CAMPUS PHOTO GALLERY
Check out thousands of other photos at www.HBCUCONNECT.com

“1st day on the yard” - Virginia Union

“3 Queens in the sun” - K.S.U.

“Posted up” - Florida A&M

“I love me some Greek” - J.C.S.U.
“Fire & Ice” - Virginia State

“Beautiful view” - Morgan State

“Cookout” - Morehouse

“Daughters of Nia Anaya” - C.S.U.

Number 1” - T.S.U.
HBCU CAMPUS PHOTO GALLERY
Check out thousands of other photos at www.HBCUCONNECT.com

“Blue is so true” - Howard U.

“Trunk Party 07” - Spelman

“What” - Howard U.

“Paradise” - Hampton U.
“Don’t get Mad” - Morehouse

“Champions” - Albany

“Good times at Mickey Dees” - Florida A&M

“Strike a Pose” - Bowie

“Cheer for us” - S.C.S.U.
Your school won The Battle of the Bands — now it’s time for you to ace tomorrow’s Chem test. Ride Amtrak® back to campus and you’ll gain valuable time. Spread out and study in our comfortable Coach seats or enjoy a tasty meal — which tops campus food any day.

Riding Amtrak to and from campus truly is the smartest way for any student to travel.

**Student Advantage® and ISIC® cardholders save 15%**

For more information:

**Call 1-800-USA-RAIL or visit Amtrak.com.**

Discount subject to change without notice. Three-day advance reservation required. Membership card and current student id required at time of boarding and on board. Valid for travel on Acela Express and Metroliner on weekends and some holidays only. Fares, routes and schedules subject to change without notice and seats are limited. Other restrictions may apply. Amtrak is a registered service of the National Railroad Passenger Corporation.
HBCU Connect asked our members to share their thoughts on what they are most looking forward to at this year's Homecoming.

Check out what they had to say:

Claflin’s Homecoming is November 17th and I am SO looking forward to being back on the yard! I had an “OK” time last year but I’m trying to have a better one this year! Going to the young alumni party, socializing with old schoolmates at the game (Does anybody actually watch the game? lol) and of course the step show! When I was “On Campus” there were plenty of stories to be told! ... none that can and/or will be told in here! Lol – Craig F. Nelson

My school’s homecoming is October 14th. It’s usually hype during that time, even though we have midterms right before homecoming. I usually find time to calm down and study for my tests somehow. Lol I am looking forward to the parties and concerts, especially the step shows. The Delta’s tore it up last year. I also am looking forward to my mom and grandma coming down and hanging out with them, that might sound corny, but it’s the truth. – Michelle Tyler

I just love Homecoming period. Central State’s is on the 13th of October and I can’t wait. There is truly a buzz that goes around on campus days before Homecoming and once it hits, well, it’s on. Vendors post up outside with their funnel cakes, ribs, jewelry, clothes—everything. This will be the 2nd year our football team gets to play and I don’t know who their playing, but I know I will be there! – Lenita Compton
WHO: Geraldine Preval
SCHOOL: Morgan State University
CLASS: 2009
MAJOR: Computer and Information Science
REPRESENTING: Norwalk, CT

CLAIM TO FAME: I am hoping to become a very successful and financially stable black woman after receiving my bachelor’s degree at Morgan State University.

MOST MEMORABLE MOMENT/PERSO: My most memorable moment in college (or should I say about college) is when I got accepted to three different HBCU colleges.

CURRENT WHEREABOUTS: Currently I am at Morgan State University in Blount Towers.

QUICK CONNECT
Tag Geraldine’s Guestbook on HBCUConnect.com!
http://www.hbcuconnect.com?id=320459
WHO: Abel Haile
SCHOOL: Hampton University
REPRESENTING: St. Louis, MO

CLAIM TO FAME: I guess being Mr. Freshman, but probably stepping for the Pierce Hall team that set it out this year.

MOST MEMORABLE MOMENT/PERSON: The Freshmen Step Show, My Birthday, Hampton Homecoming, Howard Homecoming, and Thanksgiving. Gotta thank Will Christian’s moms for “throwing down.”

CURRENT WHEREABOUTS: I’m on campus with my boys Devin, AJ, Kyle, CR and big bros Will, Mitch, Cliff, and Brandon. If u c me, say was up.

Tag Abel’s Guestbook on HBCUConnect.com!
http://www.hbcuconnect.com?id=58709
Every Man is a Father

By Jonathan Carter

Hardly a day passes that some well-meaning Brother or Sister doesn’t complain about the lack of positive role models for young people, especially with regards to their families. I would be the first to agree... and disagree. Our social system is in crisis. We’ve raised a generation of young people whose values are defined by all the wrong things... and that generation is raising their own next generation.

We live in a world where being ignorant is cool, conformity is the ideal, and image is everything. The most common question: “Where are these kids’ parents... particularly their fathers?”

The reality of our world is that in many cases, the father can’t or won’t provide support for their children, emotionally or financially. Real-life situations (work responsibilities, prison, other relationships, or sometimes simple immaturity) create barriers between parents and their children. When this happens, who will fill their place?

We must. Each free-thinking, clear headed individual must take responsibility not only for his or her own, but also those around them. If we don’t, young people will continue to fall to the same vices that have plagued every human civilization since the beginning of time, especially ours. Every one of us knows young people; in fact, most of us know young people who in all likelihood are destined for trouble. What have you done about it?

To view more from this blog, visit http://hbcuconnect.com/core/cgi-bin/blog.cgi?blog_id=55733&cid=0&reading=
“WVU is Home.”

Keshama Horton, a psychology major from Charleston, W.Va., went to a small high school. “I graduated with only 68 other people — so I thought I was going to be overwhelmed at WVU. I had my ‘family’ in high school, and I told myself college wasn’t going to be like that.” But at WVU, with over 300 student organizations to join, it was easy to make friends and become part of the Mountaineer family.

West Virginia University

WVU offers 179 degree programs
Located in Morgantown, WV, the #1 Small City in America
WWU has an award-winning and nationally ranked Department of Psychology
WVU students come from every West Virginia county, all 50 states, and 90 different nations
Video clips are now being found at a massive rate on the internet. You can find clips pertaining to news, sports, history, music, TV shows, movie trailers, and even what they call Vlog, or video blogs.

Video clips have become quite popular online and gosh darn it; it’s about time we had something on our site to add to this phenomenon.

Let me introduce you to our Video section at http://www.hbcuconnect.com/video, or you can simply log onto HBCUConnect.com and select the “video” link in the top menu. Here, you can upload, view, and enjoy video clips of all sorts of stuff. We have HBCUConnect.com shout outs, campus visit trailers, and celebrity sightings on our trips, funny “I feel sorry for the person” videos, clips of gospel choirs, cartoon clips, “Wow! How did they do that” clips, more funny clips, music videos, etc. The list goes on.

We are still growing our library of videos and we would like to
make it as large as possible. Do you have any clips that you would like to share? Was there some clip you saw that was funny and think other people should laugh at too? Is there a clip where you thought the speaker was very profound and should be heard by more people?

**POST IT UP!**

Do you have any clips where some type of interesting event happened and think everyone should know about it? Do you have any clips of someone making a fool of themselves on video? Do YOU just want to get in front of a camera and talk about whatever you want to talk about?

**POST IT UP!**

We invite you to load up the video section until it barely functions anymore. Show us that amazing touchdown run by your favorite player. Show us that amazing speech that made you go “Hmmmmmmmm.” Show us what you were thinking about on your way back from the store? Show us that clip where you and your friends were kickin it at home, or at and event. Show us that clip you have saved that made you laugh over, and over, and over again.

**STOP BEING SELFISH! I WANT TO SEE TOO!!**
NOAA STUDENT OPPORTUNITIES

NOAA will begin accepting applications for the following Student Opportunities in October 2007:

* Undergraduate Scholarship Program application closes on January 31, 2008, and can be found at http://epp.noaa.gov go to Special Note

* Graduate Sciences Program application closes on January 31, 2008, and can be found at http://epp.noaa.gov go to Special Note

* Hollings Undergraduate Scholarship Program application closes on February 8, 2008, and can be found at http://www.oesd.noaa.gov/Hollings_info.html

* Dr. Nancy Foster Scholarship Program application closes on February 8, 2008, and can be found at http://www.grants.gov

NOAA launched a website, Student Opportunities, that contain scholarship, internship, and fellowship information for high school, undergraduates, graduates, and post-docs which is found at http://www.oesd.noaa.gov/noaa_student_opps.html

If you have any questions contact the Office of Education at StudentScholarshipPrograms@noaa.gov
# THE HBCU CONNECTION

## ALABAMA
- Alabama A&M University
- Alabama State University
- Bishop State Community College
- Concordia College
- J.F. Drake State Technical College
- Lawson State Community College
- Miles College
- Oakwood College
- Selma University
- Shelton State Community College
- Stillman College
- Talladega College
- Trenholm State Technical College
- Tuskegee University
- Gadsden State Community College

## GEORGIA
- Albany State University
- Clark Atlanta University
- Fort Valley State University
- Interdenominational Theological Center
- Morehouse College
- Morehouse School of Medicine
- Morris Brown College
- Paine College
- Savannah State University
- Spelman College

## ILLINOIS
- Chicago State University

## KENTUCKY
- Kentucky State University

## LOUISIANA
- Dillard University
- Grambling State University
- Southern University and A&M College
- Xavier University of Louisiana

## MARYLAND
- Bowie State University
- Coppin State University
- Morgan State University
- University of Maryland Eastern Shore

## MICHIGAN
- Lewis College of Business

## MISSISSIPPI
- Alcorn State University
- Coahoma Community College
- Hinds Community College
- Jackson State University
- Mary Holmes College
- Mississippi Valley State University
- Rust College
- Tougaloo College

## MISSOURI
- Harris-Stowe State College
- Lincoln University -Missouri

## NEW YORK
- CUNY -The Medgar Evers College

## NORTH CAROLINA
- Barber-Scotia College
- Bennett College
- Elizabeth City State University
- Fayetteville State University
- Johnson C. Smith University
- Livingstone College
- North Carolina A&T State University
- North Carolina Central University
- Saint Augustines College
- Shaw University
- Winston-Salem State University

## OHIO
- Central State University
- Wilberforce University

## OKLAHOMA
- Langston University

## PENNSYLVANIA
- Cheyney University of Pennsylvania
- Lincoln University -Pennsylvania

## SOUTH CAROLINA
- Allen University
- Benedict College

## TENNESSEE
- Fisk University
- Knoxville College
- Lane College
- Lemoyne-Owen College
- Meharry Medical College
- Tennessee State University

## TEXAS
- Huston-Tillotson College
- Jarvis Christian College
- Paul Quinn College
- Prairie View A&M University
- Southwestern Christian College
- Texas College
- Texas Southern University
- University of Texas at El Paso
- Wiley College
- St. Philips College

## VIRGIN ISLANDS
- University of the Virgin Islands

## VIRGINIA
- Hampton University
- Norfolk State University
- Saint Pauls College
- Virginia State University
- Virginia Union University
- Virginia University of Lynchburg

## WEST VIRGINIA
- Bluefield State College
- West Virginia State College

---

To tour each schools website visit: http://hbcuconnect.com/hbcuprofiles/cgi-bin/hbcuSearch.cgi
HBCU Connect Scholarship 2007-2008

HBCUCONNECT.COM is offering several $1,000.00 academic scholarships to African Americans or Minorities attending a Historically Black College or University.

To apply go to:
http://hbcuconnect.com/hbcu/scholarship.shtml