SHED YOUR WINTER FLAB FOR SUMMER ABS!

GRADUATION
FROM STUDENT TO GRADUATE
ARE YOU READY FOR THE UPGRADE?

CHECK OUT tips on Summer Internships and find out the Best & Worst of 2006-2007
CREDITS

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Features

08 MAXIMIZE YOUR TIME
Don’t sleep your summer away

10 GRADUATION
You got your diploma — now what?

21 GETTING FIT
Tips on how to lose that winter weight

Departments

13 THE CALENDAR
Check out some hot places to go for the summer

16 EVENT COVERAGE
Ride along with other HBCU members as they “Say Cheese”

21 MOST WANTED
Straight from the pages of HBCUConnect.com, Meet HBCU students Darius and Meladie!

25 HBCU BLOGS
From the mind of some our most active bloggers on HBCUCONNECT.com

28 GET CONNECTED
What’s all the hype about? Hype Awards: 101

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FROM THE FOUNDER

What’s Up! I know that the school year is coming to an end and your brain is probably on overload right now as you deal with graduation, finals, and looking for a summer job.

But don’t worry, in this issue we have stayed true to form by providing you with plenty of information to help you find that great job or internship! For the graduating seniors, congratulations, you made it! We have vital tips that will help you along with your journey to the other side: The “real world.”

Stay Connected! Be sure to use HBCUCONNECT.COM as a way to stay informed and in touch with your college buddies and the overall HBCU community. We recently revived “The Café”, which is a source you can use to bug out with your friends and talk about anything under the sun. Visit: forums.hbcuconnect.com and find out what’s crackin’.

As usual hit us up with any questions or suggestions for the website or the “On Campus” edition of our magazine. This magazine is for you, so let us know what you want to see, and we’ll keep the opportunities and information coming… So have fun this summer and remember: “HBCUCONNECT.COM—GET CONNECTED!!!”

Figure out what you want and act accordingly…

Will Moss

Will Moss – willmoss@hbcuconnect.com
Hello! I am a guidance counselor and I find your magazine to be very informative. How can I get on your distribution list?

Thanks, HBCU Fan

Dear HBCU Fan:

Send your request to Jehan Bunch at jbunch@hbcuconnect.com. Let us know how many copies you would like to receive and we’ll get you connected!

I am a graphic design student and I am looking for freelance work. Who can I send my resume and work to? I’d appreciate any information!

Thanks, Omar

Dear Omar:

Send your resume to Reginald Culpepper at: culpepper@hbcuconnect.com
By Jessica Johnson

With summer around the corner, it’s very tempting to dive right into relaxation mode and major in “Sleep 101”, but sleep later and look for scholarship opportunities. Here are a few ideas to get you started.

1. **Identify an Internship Related to Your Field.** Finding an internship related to your field increases your chances of identifying scholarship opportunities. Many companies provide stipends that can be used towards your tuition. If your internship does not provide a stipend, write a letter thanking them for the opportunity, and ask if they would be willing to make a contribution towards your educational pursuits.

2. **Make an Appointment with the Financial Aid Department.** The summer is normally down time for financial aid offices on most college campuses. Schedule an appointment to talk with someone about your current financial aid package. Who knows? There may be funds left over from the previous year or newly added donor funds that you may be eligible to receive.

3. **Find Out if there is an Alumni Chapter in Your Area.** Many colleges and universities have alumni associations that provide scholarships for both current and prospective students. Take some time to find out if the alumni chapter in your hometown provides funding or any type of assistance with identifying additional funds for your education.

4. **Reconnect With The Organizations That Have Already Awarded You Scholarships.** Share with them the highlights of your college experience thus far, and find out if there are any opportunities to receive additional funding.

In addition to www.hbcuconnect.com, try www.scholarships.com and www.collegedata.com for your scholarship search. For more tips on the scholarship application process, visit www.minorityscholarshipquest.org
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Congratulations! You are about to graduate from college and the world is yours to conquer! You probably have no clue what you’re going to do with the rest of your life, or maybe you are one of the really wise people and have it all planned out. Either way, no doubt about it, your lifestyle is changing.

Here you’ll find some valuable information and tools to use to navigate you through your new world.

First, you will need some paper. I am not talking about the ordinary writing kind, but that money green kind. This money should be stashed away for an emergency. Perhaps it takes you longer than expected to land that dream job or your car all of a sudden goes dead. Your personal stash will help you get through these unforeseen situations. So, instead of buying some new Gucci shades with the money you get at graduation save it for a rainy day, you just might need it!

Next, dress for success, but not for a Naomi Campbell affair. You don’t need to be a slave to fashion; you can be trendy and smart and look great all at the same time. Be thrifty. Shop at thrift stores and always look for the bargains. You can cut your costs by 75 percent says Nancy Duncan, author of How to Invest $50-$5,000.

Another great tip is to take the bite out of the lip. Get a pre-paid phone card and control your minutes versus being on someone’s contractual plan. By doing this you will be aware of what you’re paying for and it’s often cheaper.

Okay, now some individuals might find this next tip a little
difficult, but it is vital. Learn to cook. Pack your lunch for work and in the evening cut back on eating out so much. Get in tune with your chef skills and start to bond with your kitchen and you’ll save a bundle!

Last but not least once you land your dream job join your company’s 401 (k) plans. Most companies let you sign on as soon as an initial probationary period ends. Setting aside 10 percent to 15 percent of each paycheck toward retirement is a good goal. If 10 percent is stretching it then start with 5 percent and gradually work your way up. “That’s like free money,” says Beth Kobliner, author of Get a Financial Life: Personal Finance in Your Twenties and Thirties. “It’s really a no-brainer and something you should do.”

Getting your diploma is a huge accomplishment and should not be taken lightly, so continue to work just as hard in the real world and you will graduate into a world of success!

We want to know about your “life after school” experience please send us your story at: jbunch@hbcuconnect.com
EVENTS

1. CANCUN MEMORIAL DAY WEEKEND (THE JUMPOFF)
   Place: Cancun, Mexico
   Date: May 25–28, 2007
   Comments: For anyone that has been to Cancun knows that the FUN is Non-Stop! Each year, more participants agree that this is the hottest spot to be during Memorial Day Weekend. Once again it’s on.

2. URBAN BEACH WEEK – MIAMI, MEMORIAL DAY WEEKEND
   Place: Miami, Florida (South Beach)
   Date: May 25–28, 2007
   Comments: Are you looking for the most exciting urban beach party in the world? The Urban Beach Week is the largest Urban Festival in the world that caters toward the professional Hip Hop Generation from 23 and over. Approximately 300,000-350,000 participants make the annual trek to South Beach for 4 days full of fun, food, festivities, entertainment, music and more..

6. B.E.T. 7TH ANNUAL AWARDS SHOW
   Place: Los Angeles
   Date: June 26, 2007
   Comments: The seventh annual B.E.T awards. Pre-party and after parties with the all the top celebrities and musical artist makes this the hottest ticket in town. You voted the #1 awards show & after party.

QUICK CONNECT

We want to see how much fun you had at these events, so please send your pictures to: jbunch@hbcuconnect.com and we will post them in our next issue and on the website.
HBCU Connect polled our members to see what they thought were the best/worst albums of 2006 and most anticipated for 2007.

Check out what they had to say.

Leandra Hudson

**Best albums:** Dream Girls sound track, Lloyd, Pretty Ricky

**Worst album:** K Fed

**Best songs:** Walk it out, Ballin, and Like A Boy

**Worst Song:** Lost with out you, but it wasn’t so much of bad thing it just didn’t last long.

Darrell Brassell

**Best album:** Musiq’s new one is definitely a hot one!!!

Daniella Peete

**Best album:** ROMEO thought he was straight clownin in his new video, Ciara album is hot, Wayne, Crimb Mob

Danesha Little

**Best album:** Corinne Bailey, Musiq, Robin Thicke, Dreamgirls Sound track

**Worst album:** Omarion (only 2 nice tracks really) and I can’t think of any other CDs that could take this title...

Adesegun Adenekan

**Best album:** As of right now I have heard no good albums this year that have actually catch my attention span for longer than a week, rich boy...lifespan of a week, umm musiq soulchild ... Unfortunately its no soulstar or ijuswannseing. Rap—NONE. R&B—John Legend, Once Again beautiful CD

To submit your feedback or to see the rest of the results log on to: www.hbcuconnect.com
HBCU CAMPUS PHOTO GALLERY

Check out thousands of other photos at www.HBCUCONNECT.com

Showing that Fish Love

I’m studying real hard

I Know U See It

We have spirit
Cheers to you

We have the hypest band

Glam shot

It's Carnival at UMES
HBCU CAMPUS PHOTO GALLERY

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Show Stoppers

We are # 1

NFL Bound

HBCU Love
Frat love

Delta Pride

My stunna shades

Too cute!
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By Jehan Bunch

With swimsuit weather quickly approaching many of us are faced with the difficult task of shedding our winter flab that we put on during the school year. Well, have no fear, there are several things you can do to get those summer abs and feel and look stunning all at the same time!

1. **Keep track of your caloric intake.** Believe it or not calories do count, but rather than starve yourself do the opposite and eat more! Most health professionals suggest eating five small meals a day, which will speed up your metabolic rate and will allow your body to absorb and utilize more nutrients. Sounds easy enough right?

2. **Divide your calories up.** Divide your calories into the correct portions of protein, carbohydrates and fats, yes fats! Great sources of protein are turkey, fish and lean cuts of red meat. Sources of carbs are vegetables, fruits and oatmeal. What about the fat? You don’t have to cut it all out, but cut it to a minimum. Instead of going to McDonald’s so much try eating foods in their natural state versus processed foods.

3. **Go to the gym.** Eating the right food is only the icing on the cake. You have to work out to keep the FAT off! Aerobic activities such as bicycling, walking, jogging are all great fat burners. It is suggested that you work out for thirty minutes a day three to five days a week.

4. **Take things slow.** As in the words of Janet Jackson “Let’s wait awhile” it will take some time before you will see any results so be patient. Set yourself a realistic goal for losing the weight. Shoot for 1-2 lbs. per week to lose and keep track of what you eat everyday.

Sources: www.shapeupshop.com
FEATURED FEMALE

WHO: Meladie Clopton
SCHOOL: Elizabeth City State University
CLASS: 2011
MAJOR: Sociology
REPRESENTING: Aurora, CO

CLAIM TO FAME:
I am going to become the next CSI detective!!! You’ll see me on TV walking with all of the celebrities as their personal law enforcement, lol. But i actually hope to marry someone who becomes something good in life! Then you’ll see me on his side.

MOST MEMORABLE MOMENT/
PERSON: My mother!!!

CURRENT WHEREABOUTS:
Colorado!!! UGH (lol)

QUICK CONNECT

Tag Meladie’s Guestbook on HBCUConnect.com!
http://www.hbcuconnect.com?id=338615
FEATURED MALE

WHO: Darius Burgess
SCHOOL: Johnson C. Smith University
CLASS: 2009
MAJOR: Computer Engineering
REPRESENTING: Miami, FL

CLAIM TO FAME:
After under grad I’m going to be working for Microsoft. During this time I am going to be attending another HBCU to earn both my master’s and doctoral degree in computer engineering.

MOST MEMORABLE MOMENT/PERSON:
My most memorable moment in college was when I was name Mr. Freshmen for the class of 2009.

CURRENT WHEREABOUTS:
At home in Miami Florida

Tag Darius’s Guestbook on HBCUConnect.com!
http://www.hbcuconnect.com?id=316669
I turned the TV on ESPN
I saw the Big Brown Baller again
The one who can jump straight out of the gym
Who scores 50 points and hangs on the rim

The latest great athlete of the NCAA
The next billion dollar asset they won’t have to pay
The guy that’s encouraged to skip out on class
To run the 40 yard dash for university cash

The Big Brown Baller was on lots of billboards
Coke and Toyota and Walmart and Ford
I hear the “cha-ching” as the college gets paid
Just call him piano cause the boy’s getting played

I’m a finance professor, so I’ll ask like a geek
How can you put “students” on TV every week,
as they graduate slow, your cash flow will grow
And you never give that player a cut of the dough?

The player can’t show me any stuff that he’s got
But the coach told me that he just bought a new yacht
Some jewels for his cat, diamonds for his wife’s ear
All owed to the fresh negroes he recruited last year

The Big Brown Baller wasn’t doing so hot
His mom got evicted, his brother got shot
The NCAA came and put on the clamps
When he tried to buy groceries with his mama’s food stamps
The Power of Challenge

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VOTE FOR THE HYPE AWARDS! By Reginald Culpepper

I have a few questions for you. A friend of mine is thinking about transferring to an HBCU this fall. So he asks me which school he should look at. Naturally, I was biased and mentioned Clark Atlanta University (CAU), my alma mater.

I bragged to him about how nice the campus was, the great city environment of Atlanta, and even how fine the women are.

Then I remembered when I visited Hampton University’s campus early last year, they had a nice collection of fine females as well. Then I remembered how nice the campus of the University of Maryland—Eastern Shore had looked when I was there to deliver a few boxes of our first issue of HBCUConnect “On Campus” magazine. So at that point, I took off my biased hat and told him that each school is special and he would have to research the schools himself. But he kept hounding me like I knew the answer. So I need your help. Here are my questions:

Which campus looks the best?
Who has the best band?
Who has the finest females?
Who has the best looking men?
Which campus boasts the best Greek life?

I had even more questions than that but I just wanted to throw those out for you to ponder over. So let’s see:

Best campus—Clark Atlanta ✓
Best band—Clark Atlanta ✓
Finest females—Clark Atlanta again ✓
Best Looking men...
Huh? You don’t like my picks? Have you ever BEEN to Clark Atlanta? Hmmmmmm. So you think that another school can beat my school? Let’s put it to the vote. I set up a section on the site so that the whole HBCUConnect community can let everyone else know who has the best. Here is your chance to hype up your school.

**Welcome to the Hype Awards!**

The Hype Awards let you vote for the best campus, the best parties, the best cheerleaders/dance teams, and even the best cafeteria food (*yeah, right!*). The finalists will be announced in our next magazine issue as well as on the web site. To vote, simply log into HBCUconnect.com (http://www.hbcuconnect.com/hype_awards.cgi), where you can place your vote and see who is leading in each category.

Not only can you vote on your school, but we also give you a chance to PROVE IT! Prove it by uploading photos or video footage of why your school deserves the top spot. I have already uploaded some video of the lovely ladies of the CAU dance team so my proof is there. Where is yours?

So what are you waiting for? Norfolk State? Better vote for your school or you could very well see Hampton on top. You got any pictures that provide solid proof that your school has the best parties? Upload them and let everyone else see for themselves. I mean, people can talk all they want, but a picture is worth a thousand words and video is worth even more.

So now that you know, let me get back to my voting and I will see you all on the web site!

**Best homecomings**—Clark Atlanta ✔
**Best school spirit**—CAU all day baby! ✔

To cast your vote go to: http://www.hbcuconnect.com/hype/hype_awards.cgi
THE HBCU CONNECTION

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To tour each schools website visit:
http://hbcuconnect.com/hbcuprofiles/cgi-bin/hbcuSearch.cgi

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Alabama State University
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Lawson State Community College
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Oakwood College
Selma University
Shelton State Community College
Shorter College
University of Arkansas at Pine Bluff

CALIFORNIA
Charles Drew University

DELAWARE
Delaware State University

DISTRICT OF COLUMBIA
Howard University
University of the District of Columbia

FLORIDA
Bethune Cookman College
Edward Waters College
Florida A&M University
Florida Memorial College

GEORGIA
Albany State University
Clark Atlanta University
Fort Valley State University

ARKANSAS
Arkansas Baptist College
Philander Smith College

MARYLAND
Bowie State University
Coppin State University
Morgan State University

Interdenominational Theological Center
Morehouse College
Morehouse School of Medicine
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Who has the hypest Girls?
Who has the hypest Guys?
Who has the hypest Band?
Who has the hypest Homecoming?

To find out these answers and more go to: http://www.hbcuconnect.com/hype

Vote for the Hype Awards